

Master This Left-Hand Groove in 17 Minutes

Resource Sheet



In order to practice this LH groove, we'll use the 'chunking' method. This just means we'll break it up into three separate chunks, practice playing each one, and then stitch them all together.

Chunk 1:



Chunk 2:



Chunk 3:



Go through each chunk, one at a time. Start by learning and memorizing the notes, without the rhythm. Then add the rhythm. Once you can play each chunk separately, stitch them together.



Action Steps:

1. Learn and practice chunk 1, along to a metronome at 60bpm.
2. Learn and practice chunk 2, along to a metronome at 60bpm.
3. Put chunks 1 & 2 together and practice playing them along to a metronome at 60bpm.
4. Learn and practice chunk 3, along to a metronome at 60bpm.
5. Put the entire groove together and practice playing it along to a metronome at 60bpm.
6. Gradually increase the tempo until you can play it at 74bpm, at which point, practice playing it along to the provided backing track.