

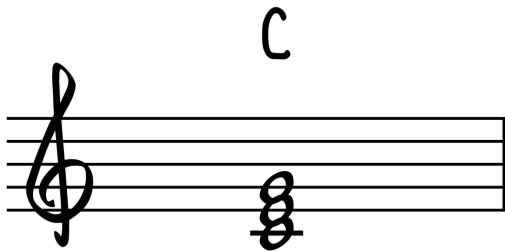
This One Exercise Teaches You Every 7th Chord

Workbook

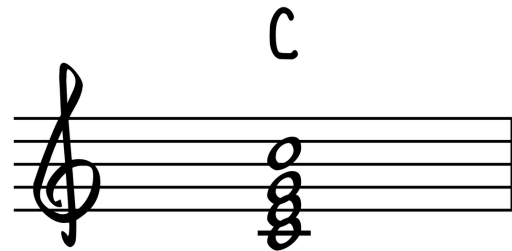


The Formula

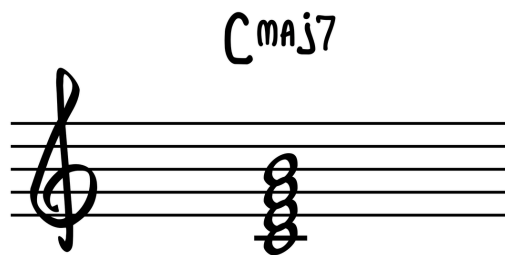
Start with a major triad:



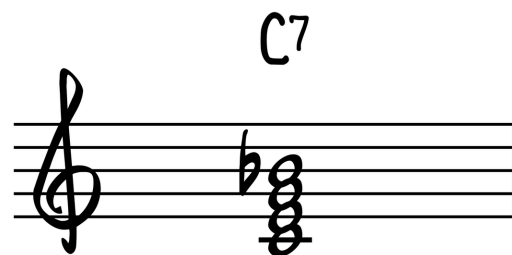
Add the root note to the top of the chord:



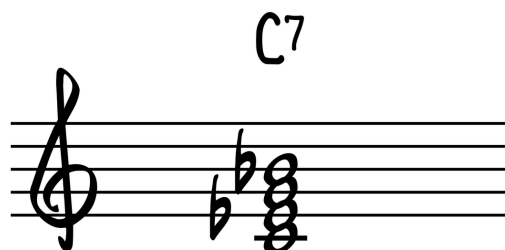
Bring the top note down by a half-step:
(this creates a major 7 chord)



Bring the top note down by a half-step again:
(this creates a dominant 7 chord)



Bring the middle note (3rd) down by a half-step:
(this creates a minor 7 chord)



The Exercise

1. Play major 7 chord
2. Play dominant 7 chord
3. Play minor 7 chord
4. Repeat previous 3 steps in the key a 5th above

The Full Exercise



C^{maj7}	C^7	C^m7
G^{maj7}	G^7	G^m7
D^{maj7}	D^7	D^m7
A^{maj7}	A^7	A^m7
E^{maj7}	E^7	E^m7
B^{maj7}	B^7	B^m7
G^b^{maj7}	G^b7	$F^\#^m7$
D^b^{maj7}	D^b7	$C^\#^m7$
A^b^{maj7}	A^b7	A^b^m7

The Full Exercise (*continued*)



Three staves of musical notation showing chord progressions in treble clef. Each staff contains three measures of chords, with the third measure featuring a double bar line and a repeat sign.

Staff 1:

- Measure 1: $E\flat^{maj7}$ (Notes: $E\flat, G\flat, B\flat, D\flat$)
- Measure 2: $E\flat^7$ (Notes: $E\flat, G\flat, B\flat, D$)
- Measure 3: $E\flat^m7$ (Notes: $E\flat, G\flat, B\flat, D\flat$)

Staff 2:

- Measure 1: $B\flat^{maj7}$ (Notes: $B\flat, D\flat, F\flat, A\flat$)
- Measure 2: $B\flat^7$ (Notes: $B\flat, D\flat, F\flat, A$)
- Measure 3: $B\flat^m7$ (Notes: $B\flat, D\flat, F\flat, A\flat$)

Staff 3:

- Measure 1: F^{maj7} (Notes: F, A, C, E)
- Measure 2: F^7 (Notes: $F, A, C, E\flat$)
- Measure 3: F^m7 (Notes: $F, A\flat, C\flat, E\flat$)